

# Measures

Time	
60 seconds (sec) = 1 minute (min)	4 weeks (approx.) = 1 month
60 minutes = 1 hour (h)	7 days = 1 week
24 hours = 1 day	
365 days	
52 weeks (approx.) = 1 year	
12 months	
10 years = 1 decade	
100 years = 1 century	

Metric	United States	Primary
<b>Length</b>	10 millimeters (mm) = 1 centimeter (cm) 100 cm = 1 meter (m) 1000 m = 1 kilometer (km)	12 inches = 1 foot (ft) 36 in. = 1 yard (yd) 5280 ft = 1/2 mile (mi) 1760 yd = 1/4 mile (mi)
<b>Area</b>	100 square millimeters = 1 square centimeter (mm <sup>2</sup> ) 10,000 cm <sup>2</sup> = 1 square meter (m <sup>2</sup> ) 10,000 m <sup>2</sup> = 1 hectare (ha)	144 square inches = 1 square foot (ft <sup>2</sup> ) 950 ft <sup>2</sup> = 1 square yard (yd <sup>2</sup> ) 43,560 ft <sup>2</sup> = 1 acre (A) 4840 yd <sup>2</sup>
<b>Volume</b>	1000 cubic millimeters = 1 cubic centimeter (mm <sup>3</sup> ) 1,000,000 cm <sup>3</sup> = 1 cubic meter (m <sup>3</sup> )	1728 cubic inches = 1 cubic foot (ft <sup>3</sup> ) 27 ft <sup>3</sup> = 1 cubic yard (yd <sup>3</sup> )
<b>Liquid Capacity</b>	1000 milliliters (mL) = 1 liter (L) 1000 cubic centimeters (cm <sup>3</sup> ) 1000 L = 1 kiloliter (kL)	8 fluid ounces = 1 cup (c) 2 c = 1 pint (pt) 2 pt = 1 quart (qt) 4 qt = 1 gallon (gal)
<b>Mass</b>	1000 milligrams (mg) = 1 gram (g) 1000 g = 1 kilogram (kg) 1000 kg = 1 metric ton (t)	16 ounces = 1 pound (lb) 2000 lb = 1 ton
<b>Temperature Degrees Celsius (°C)</b>	0°C = freezing point of water 37°C = normal body temperature 100°C = boiling point of water	32°F = freezing point of water 98.6°F = normal body temperature 212°F = boiling point of water

TABLES